



Sex and Relationship Policy

for

Contact Success Ltd – Alternative Provision

Aims

RSE, as part of the PSHE education curriculum, is vital to the development of the young people in our provision. Any planned provisions are designed to help them deal with the difficult moral, social and health-related issues that arise in their lives and in society. They also help them to develop the knowledge, skills and understanding they need to live confident, healthy, independent lives as individuals, parents, workers and members of society.

Effective RSE is a key component in our approach to safeguarding our students. We define 'relationships and sex education' as learning about physical, moral and emotional development that students need in order to understand their own and others sexuality. Whilst knowledge of biology and the reproductive system is important, RSE is concerned with attitudes and values, personal and social skills, respect for self and others, family, stable loving relationships, feelings, gender roles and decision-making. It is about the physical, emotional, social, moral and legal dimensions of human sexuality as well as factual teaching about sex, sexuality and sexual health. We believe, for some young people, it is important to address this area of the curriculum because students have a universal entitlement to learning that will enable them to live safe, fulfilled and healthy lives.

Parents/carers and the main school setting will be consulted and will have to give their permission should RSE be delivered to a student.

The provision contributes to protecting children and young people by addressing national and local health priorities.

Statutory requirements

As an Alternative Education Provision, we aren't required to teach RSE to secondary school students. However, as all schools must provide RSE to all students as per section 34 of the Children and Social work act 2017, this can be delivered via Contact Success whilst a student is with us should the school require it.

Definition

RSE is about the emotional, social and cultural development of young people, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.



RSE, as part of the PSHE education curriculum, is vital to the development of all young people. The planned curriculum delivered at referring schools are designed to help them deal with the difficult moral, social and health-related issues that arise in their lives and in society. They also help them to develop the knowledge, skills and understanding they need to live confident, healthy, independent lives as individuals, parents, workers and members of society. Working together with referring schools and agency is a key component in our approach to safeguarding our students.

Delivery of RSE

RSE is taught within the personal, social, health and economic (PSHE) education curriculum within the referring school.

Contact Success if required to deliver RSE sessions will be appropriate to the needs of the individual, including those young people with special education needs. RSE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health.

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

Inclusion and differentiation

RSE programmes recognise that young people will bring prior learning and real life experiences to their learning. Our provision respect and build on these, providing a provision that reflect both the universal and unique needs of our young people. In this way, the provision recognise and respect the different abilities, levels of maturity and personal circumstances of our young people; for example, their own sexual orientation, gender identity, faith or culture (which may, depending on their age and maturity, not be something they have yet considered or may be emerging) or the sexual orientation, gender identity, faith or culture of their immediate family, close friends and wider community.

This policy will be reviewed in full by Contact Success Ltd on an annual basis. This policy was last reviewed and agreed by the Directors of Contact Success Ltd on 19th October 2023. It is due for review on 19th October 2024.



Signature

Director

Date: 19/10/23

Signature

Director

Date: